

Founded by Grand Master Ansei Ueshiro Under the direction of Hanshi Robert Scaglione

Spring 2004 Newsletter

From HANSHI

Message of Kizuna

As I continue to visit Ueshiro Shorin Ryu Karate U.S.A. dojo and clubs around the world, I an continually impressed with the great diversity of our deshi. Students, from around the world and from all walks of life come together for the shared purpose of training. The key to makir this diversity work for us lies in the Japanese word *kizuna*. Originally, kizuna was used to refe to a rope that binds animals, but has come to mean the inseparable bond between humans. The word also provides us with a metaphor for thinking about our relationships with one another and the significance of our dojo and overall organization. We are bound together by the mutual understanding that we share the joy of training and the challenge of perpetuating our art. Feel free to draw upon the energy and directions that our powerful bond affords us i our efforts to strengthen what we do as individual karateka, as dojo members, and as memb of Ueshiro Shorin Ryu Karate U.S.A. Truly, we become stronger when sharing in the mission laying the foundation for future generations to enjoy our timeless art.

Arigato, Hanshi Scaglione

> Shorin Ryu Karate U.S.A. Newsletter --Spring 2004 Issue Editor: Matt Kaplan, Go-Dan, Director Ueshiro Okinawan Karate Family Club State College, PA (814) 278-1997, <u>msk15@psu.edu</u>

[The following updates are provided by Shorin-Ryu Karate U.S.A. affiliated dojo and clubs. This is a partial list of the schools within out system. For more information, see: <u>http://shorinryu.com</u>.]

Boston Chinatown Ueshiro Shorin-Ryu Karate Club Emiliano Mazlen Shihan, Wang YMCA of Chinatown 8 Oak Street West Boston MA, 02116. (617) 524-0005

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and fellow Deshi.

We are moving forward. We will be holding our second tip test on April 25 at 9:30 am at the Wang YMCA of Chinatown, 8 Oak Street West, Boston MA, 02116 (where we hold our classes). We will also mark Hanshi Ueshiro's birthdate with 100 kata each earlier that week.

We look forward to the honor of having visitors for our test and for our classes, which are held on Monday nights at 8:15 pm and Wednesday nights at 8:00 pm and some Sundays at 10:00 am. If you are planning to visit Boston and would honor us with a visit, please let me know (I may be able to schedule an additional class if you would not be able to join us at our normal class times).

Thank you to Hanshi, Kyoshi, Sensei, Sempai and fellow Deshi for your direction, encouragement and support.

Domo arigato gozaimasu, Emiliano Mazlen emazlen@hotmail.com

<u>Bushi Dojo</u> <u>Sensei Chris Barnes, Denshi/Shihan,</u> <u>716 Colorado Ave.</u> <u>Santa Monica Ca. 90401</u> (<u>310) 393-6686 (Home)</u>

Greetings Hanshi and all Ueshiro Shorin-Ryu Karate USA Family.

Arigato Kaplan Sensei for honoring the Newsletter commitment.

It has been a wonderful year of development for our Bushi Dojo Shodan who have picked up many of the class instructions during Sensei Barnes busy work year. Arigato Mark Tongret, Neil Talbot, and Edye Harkinrider. And congratulations to Ms. Harkinrider on her Ni-dan promotion in Florida.

A special Arigato to Shane Scaglione who for the past year taught our Sunday class. Shane is moving on his journey outside California and we all wish him well. It was an honor to have his spirit and knowledge in our dojo.

Congratulations to Hodes Sensei and Sempai Grossman on your new decks.

We are back on our regular schedule with classes Monday & Wednesday 6PM and the Sunday class will now start at 10 AM.

If you are in the Southern California area, please stop in and train.

Arigato Bushi Dojo Sensei Barnes – Shihan, Denshi/Go-Dan

<u>Cocoa Beach Ueshiro Shorin-Ryu Karate Dojo</u> <u>Hanshi Robert Scaglione, (321-799-1503); Sensei Des Chaskelson Shihan/Director (321-693-7831) Located at the Cocoa Bea <u>Health & Fitness Club</u> <u>1355 N. Atlantic Ave.,/A1A (across from the Holiday Inn)</u> <u>Coca Beach, FL 32931 (321-868-7933)</u></u>

Cocoa Beach Ueshiro Shorin-Ryu Karate Dojo and Indian Harbor Ueshiro Shorin-Ryu Karate Dojo hosted a special Dan level test and review which was attended by over forty senior black belts around the country in February 2004.

We wish to thank Hanshi Scaglione for creating and presiding over this magnificent karate event and for his ongoing leadership and support upon which we are building. Dom Arigato Hanshi! Domo Arigato to Kyoshi Seeger (Sichi Dan, Shihan Pallisades, NY Dojo)) and Kyoshi Baker (Sichi Dan, Shihan Midtown NYC, Hombu Dojo), for their presence and leadership at this event and at all times. Dom Arigato also to Sensei Mackay (Roku-Dan, Chief Instructor Hombu Dojo) for his presence which is always an inspiration to all and for organizing and conducting the beach workouts. Arigato also to all the Shihan from Ueshiro Shorin-Ryu Karate Dojo and Clubs around the country and to all the black belts who made the trip and helped make this event such a resounding success. All who attended were no doubt inspired to train harder and do even better in their karate training! Pictures of the event, courtesy of Sensei Mackay and Sensei Margulis, are online at: http://www.cocoabeachkarate.com/photos.html

The following Cocoa Beach and Indian Harbor Beach deshi were successfully tested and/or reviewed by Hanshi and high level black belt judges over the weekend and promoted to the next rank:

- Sensei, Shihan (IHB) Ken Oscarson, promoted to Go-Dan
- Sensei David Tamir, promoted to Go-Dan
- Sensei, Shihan (CB) Des Chaskelson, promoted to Yon Dan
- Sensei Tom DuJardin, promoted to San Dan
- Sensei Ron Marchetti, promoted to San Dan
- Mr. Kurt Tezel, promoted to Ni Dan
- Mr Tom Quinn, promoted to Sho Dan
- Congratulations also to Ms. Connie Rutkowski, Ms. Kassie Oscarson and Mr. Kennar Oscarson who were promoted to Sho-Dan in December.

We at the Cocoa Beach Dojo are all humbled and inspired to have participated in this gathering of the highest ranks of our organization and to have learned so much from Hanshi and the other high ranking black belts at this event. Let us take that knowledge and experience and bring it into our training and share it with those who were not able to attend and thereby enforce it in ourselves. Keep training and moving forward!

Dom arigato.

Sensei Des Chaskelson Shihan, Cocoa Beach Ueshiro Karate Dojo www.cocoabeachkarate.com

Downtown Karate Dojo Sensei Lorenzo Aguon 725 Kapiolani Boulevard #101 Honolulu, Hawaii 96813 808-533-1111 email: dkdojo@aol.com

Onegaishimasu Hanshi, Kiyoshi, Sensei, Sempai and Deshi,

It has been a "cold" 63 degrees lately in Hawaii nei (this **is** cold by our standards). We've had quite a bit of rain, but I guess that's our "snow." Yet, regardless of the weather, we still continue to train in the great outdoors on Saturdays. It is a true test of balance and of how well you know the kata. The fresh air and tan are bonus.

We've had a recent promotion of Linda Gowenlock and Hyo Matsukawa to the level of Yon-kyu. So there's even more color on the deck, as well as plenty of sugar as we step up the level of training and earn the rank. Arigato to Grand Master Ueshiro and Hanshi for your support and guidance.

We also have two of our students Dan Bonilla and Kristen Cabral who will be getting married on March 28. Congratulations to the to-be newlyweds.

We continue to train hard at the Downtown Karate Dojo in Honolulu and as always welcome anyone and everyone to join us. Our class schedule is Tuesdays and Thursdays from 5:45-7:00pm at the Aloha Activity Center, and from 9:00-10:30am Saturdays at Kakaako Park. You can call at (808) 533-1111, check us out on our web site <u>www.alohaactivtycenter.com</u> and click on Martial Arts-Downtown Karate Dojo, or e-mail us directly at <u>dkdojo@aol.com</u>.

Domo Arigato Gozaimasu, Lorenzo Aguon, Ni-Dan Shihan, Downtown Karate Dojo

<u>East Meets West Karate Club of Northern Virginia</u> <u>Sensei Sal Scaglione</u>- Denshi/Shihan, (703) 922-6204 <u>Sensei Joe & Teresa Knight</u>- Directors (703) 793-1577 Centerville, Virginia

Greetings from Virginia,

Our club continues to move forward. We currently have 23 deshi at our school (14 adults and 9 teen/children). We have added two new white belts to the club this year including Richard Waddell, who has been training since 1980 in Shorin-Ryu. It is interesting how many people find our club who've trained in Okinawan karate before. They know this is a rich and pure style of the martial arts and they are thrilled when they find a traditional Shorin-Ryu school in the DC area.

Five senior deshi from the Virginia club participated in the SRKUSA Black Belt Review at the Cocoa/Satellite Beach Dojo in Florida the weekend of February 27th 2004. We have brought back to our school a wealth of "sugar" from Hanshi, Kyoshi Seeger, Kyoshi Baker, and the senior dan levels of the SRKUSA organization. This information is being passed at our classes with much spirit and enthusiasm. Sensei Sal also represented the Virginia Club at the NYC February Promotion.

The Virginia Club had three I-Kyu promoted to dan level during the Black Belt Review. Congratulations to Patrick Markowitz, Yuri Kuznetsov, and Len Tran on obtaining the rank of Shodan.

The Virginia Club conducted our February promotion on Saturday, February 21st 2004 and the following deshi have attained their new ranks:

Scott Garland	(I-Kyu)
William and Matthew Ridenour	(1 black tip)
Lisa Markowitz, Hanna Markowitz, and Kevin Street	(Ni-Kyu)
Andrew Ridenour	(San-Kyu)
Jonah Markowitz and Justin Street	(1 Brown tip)
Arjun Handa, Jared Garland, and Kelly Tran	(Yon-Kyu)
Richard Waddell	(Yon-Kyu)
Simmy Pell	(Go-kyu)

In closing, as our school is increasing in size and experience, we decided to add a Monday class to our schedule (which began in April). This class is devoted to black belt/brown belt training.

Domo Arigato-Sensei Joe Knight, Yon Dan <u>Hertzlia Ueshiro Dojo</u> <u>Sensei Nir Zamir</u>, Shihan-12 Tzamarot St., Hertzlia, Israel Phone numbers: (Home): + 972 9 958 4342, (Mobile): + 972 58 444 506

We continue to train hard and enjoy our wonderful art. Every now and then, we post a "Thought of the Day" from which we find additional inspiration. Here is our most recent "THOUGHT OF THE DAY."

"It's better to make new enemies than lose old friends."

We feel very fortunate to be part of Shorin-Ryu Karate U.S.A., founded by Grand Master Ansei Ueshiro, and directed by Hanshi Robert Scaglione.

Arigato, Nir Zamir

<u>Hong Kong Karate Club</u> <u>Sensei Alan Lai, Shihan</u> <u>Sear Roger International School</u> <u>110-118 Caine Road, Central, Hong Kong</u> <u>Phone: +011 (852) 9419-9124 or +011 (852) 2773-1593</u>

Greetings from Hong Kong Karate Club,

We would like to welcome Senpai Joe Zhong, Sho-Dan, to join us. Mr Zhong first trained in Connecticut under Sensei Kolbert and later received training from Midtown Karate Dojo. Due to his work, he moved from America to here in Hong Kong. He will stay here for good. Also congratulations to Senpai Joe Zhong that he has just become a father. His newly-born son is now also in Hong Kong with him and his mum. We are looking forward to seeing his son to come on the deck soon.

Domo Arigato. Sensei Alan Lai, Yon-Dan Hong Kong Karate Ueshiro Club China

<u>Midtown Karate (Hombu) Dojo</u> <u>Kyoshi David Baker, Shihan</u> <u>465 Lexington Avenue</u> <u>New York, NY 10017</u> Phone: (212) 599-1966

Happy Spring to all Deshi across the far-flung constellation of Ueshiro Shorin-Ryu Karate USA schools.

Congratulations to everyone promoted in rank in February, including from our Dojo: Ro-Kyu: Emir Nikocevic and John Draghi Go-Kyu: Paul Stern and Vanessa Lamothe Yon-Kyu: Lauren Baker, Mary Amendola, Richard Lawson, Ron Ballin, Evan Robertson, and Michael Lewis San-Kyu: Hend Elsayed Ni-Kyu: Chris Memoli and Stephen Day Ik-Kyu: Anil Jaising and John Robbins And Black Belts: Rokyu-Dan: Michael Mackay Go-Dan: Eddie Garcia Yon-Dan: Michael Margulis, Dan Nichuals, and Gamiel Ramson San-Dan: Preston Powell, Ellin Moore, Luz DeLucia, and John Bottega Ni-Dan: Frank Torres, Eric Zimmerman, Rob Neff, Karen Brophy, and Boris Grossman

Thank you for accepting the added responsibility of the new rank. Find specific ways that you will fulfill your new responsibility - to the Dojo, to the SRKUSA system, as well as to yourself and your personal training. Lets' continue to get better and stronger as a Dojo, as a system, and as Deshi.

Thank you to Hanshi and the Shihan (plural) of the Florida schools for organizing a most memorable weekend of training, sharing and fellowship. It was a time that everyone will remember forever.

As we approach Master Ueshiro's April 20th birth date, we at the Hombu Dojo will be celebrating by holding a Katathon in his honor. Each Deshi should fill out a sheet of sponsors who will donate to the Dojo a certain amount of money for every kata you do during the Katathon. Please enlist your friends and family to support your passion for karate.

Keep training and let's start earning our new ranks.

Domo arigato gozaimasu,

Kyoshi David Baker, Shihan Midtown Karate Dojo, Hombu Ueshiro Shorin-Ryu Karate USA New York, NY

Nassau County Ueshiro Shorin-Ryu Karate Club Shihan / Director / Boris Grossman At Sky Athletic Club 310A Merrick Rd., Rockville Centre, NY 11570 H: 516-764-1330, C: 646-331-8493 aristotle4plato@yahoo.com

Arigato Goizamasu Hanshi, Kyoshi, Sensei, Sempai, Deshi, and all:

The Nassau County Club is doing very well. We are training hard 3 days a week. Our first tip test was held on April 1st, Thursday evening at 8:30 p.m., our regular class time. Several of the senior Black belts helped administer the test, and all of us in Nassau County appreciate that support.

The new club is really paying off. The students are eager and motivated, and for myself, there is no greater reward than to propagate this martial art of karate as it was taught to me by my Sensei and as it was taught to them by Grand Master Ansei Ueshiro and Hanshi. When I read the paragraphs submitted by the deshi for their first tip test, that's when I knew that everything I was doing in teaching them, was right. Perseverance and patience is virtue in anything that we do, especially something as important as teaching karate.

We are happy to congratulate the following Deshi for being promoted: Kim Garon - Ro-kyu; Tara Donahue - Ro-kyu; Cathryn Chenkus - Ro-kyu.

A million thanks to those who supported us in Spirit, and specially in the physical sense: ATTENDED: Sensei Luz DeLucia - Sandan, Midtown Karate Dojo

Sempai Elliot Potter - Nidan, Pine Forest Dojo, Pallisades, NY

We continue to propogate the art of Ueshiro Shorin-ryu Karate USA, as founded by Grand Master Ansei Ueshiro, and Directed by Hanshi Scaglione.

Domo Arigato Hanshi

Shihan Boris Grossman / Nidan Nassau County Ueshiro Shorin-Ryu Karate Club

<u>Pine Forest Karate Dojo</u> <u>Sensei Patrick Moriarty</u>, Denshi/Co-Shihan,and <u>Daniel Gobillot</u>, Yon-Denshi/Co-Shihan Arts & Industry Building, 221 Pine Street, Florence, MA 01062 413-587-4200

Onegai shimasu Hanshi, Shihan, Sensei, Sempai and Deshi:

Pine Forest Karate Dojo of Northampton, MA opened at its present location in July 1997. We started with a handful of students; now this beautiful sanctuary is "home" to over 50 adults and 20 children actively practicing the art of Shorin-Ryu karate. We offer 17 classes each week, 7 days/week, conducted by 14 instructors. More about our dojo can be seen at our new website, which was constructed by Ms. Katherine Burrill (Sho-Dan): <u>http://home.ix.netcome.com/~moriaps</u>

Our dojo hosted its first black belt promotion on 14 December 2003, with 6 people testing. We were joined by visitors from New York including Sensei Michael Mackay who had kindly agreed to conduct the test, and Sensei Ed Garcia. Congratulations to Mr. Lou Ruvolo, Ms. Pam Behrens, Ms. Katherine Burrill and Ms. Jen Burrill of PFK, and to Mr. Stefan Grant and Mr. Mark Kliegman of Midtown Karate Dojo, who all achieved the rank of Sho-Dan on this day. A photograph of the outdoor portion of the event can be seen at our website (click on Our Dojo and scroll down).

In February 2004 we also held a kyu-rank promotion test which was attended by most PFK adult deshi. Of these, 11 tested and were promoted.

On 8 April 2004 18 people from PFK participated in a high school talent show in Huntington, MA. Ms. Leigh Handschuh, ik-kyu, a sophomore at Gateway Regional High School, conducted a 15-minute class onstage in the school auditorium. Weapons and empty-hand kata as well as yakusoku kumite were demonstrated. Ms. Handschuh opened the demonstration with the following speech:

I'd like to welcome the members of Pine Forest Karate to Gateway, and I thank them for their spirit. We practice the art of Shorin-Ryu Karate. Some on this stage have practiced it for many years; others are just beginning on their journey. We consider it essential to develop mind, body and spirit through our training, which we take very seriously. Some people develop a typical stereotyped image of karate, thinking it is just what you see in the movies; however there is much more to this art than you know. The art of karate, along with my Sensei and Sempai that kneel before you, have made a huge impact on my life for three years now. Karate is a lifelong marathon and a true motivator in my life.

Arigato Leigh for inviting the dojo to participate in this event and for allowing us to accompany you on part of this journey.

In the last year we have been cultivating the concept of work parties in our dojo community and are proud of what we have been able to accomplish so far. About 20 of us gathered on two occasions this winter at the home of one of our deshi to frame, wire, and drywall the basement to make a children's playroom and we have a similar gathering planned to make much-needed repairs at the home of another of our number. We had numerous yard-cleaning and cooking events during the fall and winter to assist a student who is recovering from a serious illness. A summer-long effort in 2003 resulted in the creation of a new weapons rack, which can be seen on the Our Dojo page of our website (scroll to the bottom). It was crafted by LouAnn Bierwert (Sho-Dan), Ken Packard (ik-kyu),

Vern Fath (ik-kyu), and Steve Parsons (san-kyu) and is made entirely of oak harvested locally. Thank-you to these dedicated deshi for this beautiful and much-needed addition to the dojo furnishings. Several more work parties and dojo-improvement efforts are anticipated in the near future. We are finding that such projects outside the dojo raise the spirit both on and off the deck and we hope to continue to develop in this area.

Domo Arigato,

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Mary C. McKitrick, Ik-kyu Pine Forest Karate Dojo, Northampton, MA

<u>Ueshiro Just East Okinawan Karate Dojo</u> <u>Robert Hodes, Denshi Shihan</u> <u>320 West 37th St. (between 8th and 9th Avenues)</u> <u>9C, Buzzer 22, NY, NY 10018</u>

Onegai shimasu Hanshi, Kyoshi, Denshi, Shihan, Club directors, Sensei, and Sempai!

It is with great happiness, respect and gratitude that I can announce, in honor of the late Grand Master Ansei Ueshiro, the opening of the Ueshiro Just East Okinawan Karate Dojo on March 31, 2004. Arigato gozaimasu to all who attended and enjoyed doing fifty ceremonial Kata:

Eric Zimmerman, Richard Vachino, Joe Jansen, Sharon Brant, Mary Amendola, & Ron Ballin

In addition, we held our first Doshakai on Saturday, April 3. In attendance were:

Robert Hodes, Eric Zimmerman, Karen Brophy, Joe Jansen, Ben Hayes, John Adams, Isabel Hayes, Mary Amendola, & Jack Hayes

Here are some of the results of our discussions:

SCHEDULE:

--5:45 to 7:00 PM Class Monday, Tuesday, Wednesday, and Thursday.

--12:15 to 1:00 class Monday and Wednesday

--10:00 to 11:30 class Saturday Morning

CHILDREN'S CLASS: (To be started in the future) --4:30 to 5:30 class Tuesday and Thursday

FLOOR:

--An inter-locking foam mat floor has been installed.

TUITION:

--\$100 per month - after 10 months, the rest of the year is free

--15% discount on the first family member from the same family

--30% discount on the second and other family members

"GETTING THE WORD OUT":

A website and flyer will be created. Ms. Brophy agreed to look into appropriate domain names and hosting solutions for a website. She also agreed to create the dojo website, which at first will be a simple page. Mr. Zimmerman will be creating a first draft of the flyer and website text.

Thank you all once again for your continued support!

Arigato gozaimasu to all! Respectfully and sincerely, Robert Hodes, deshi <u>Ueshiro Okinawan Karate Club</u> <u>Shihan, Dan Nichuals</u> <u>Pelham Manor, NY 10803</u> <u>Phone: (914) 738-3606</u>

"Greetings Hanshi, Kyoshi, Sensei & Deshi"

"It has been an exciting time for Shorin Ryu Karate USA as Dojo and Clubs continue to open furthering the growth of the organization. As stated in an earlier email our Club has grown to 15 active members at the Kyu Level. We are looking forward to the Beach workout and August promotions as the winter nears the end.

Starting in April, our new schedule will be: Wednesday Evenings 7:30pm Sunday Mornings 9:30am

All are welcome to train with us. Sunday mornings feature the children's class mixed with the adults.

The recent Florida promotion/review gave us all a huge jumpstart, and I am sure that it will manifest itself in our upcoming events by incorporating the information exchanged at that event."

Domo Arigato Dan Nichuals, Yon-Dan Shihan, Ueshoiro Okinawan Karate Club Pelham Manor, NY

Ueshiro Okinawan Karate Family Club

Sensei Matt Kaplan, Denshi/Shihan, Mt. Nittany Institute of Natural Health 301 Shiloh Road State College PA. 16801 (814)-278-1997

Greetings from central Pennsylvania! And congratulations to all who have received promotions in recent months.

Like everyone else in the region, our club members are rejoicing at the return of warm weather. We are again planning outdoor workouts. Our hearts go out to our fellow karateka in Hawaii for having to brave their recent cold spell, with temperatures going down to 63 degrees.

We continue to train in a facility which is now a massage school, but was originally built as a state police barracks. Come join us for a few kata on our helicopter pad.

Let's all move forward together in this wonderful karate journey we share.

Domo Arigato Gozaimasu,

Matt Kaplan, Go-Dan Shihan, Ueshiro Okinawan Karate Family Club

<u>Ueshiro Pine Forest Karate School of Palisades New York:</u> <u>Kyoshi David Seeger,Shihan,</u> <u>Palisades, NY 10964</u> <u>914- 359-5330</u>

Thank you Hanshi for the Dan Level Review & Promotion in Florida. We all wish to thank Grand Master Ansei Ueshiro and the entire Ueshiro Family. We are honored that the Hanshi Ueshiro's name and Chop are on our certificates. It was great learning with all our fellow deshi.

Congratulations to Baker Kyoshi, 7th Dan.

Please remember to order your KATA GUIDE DVD complete with chapter markers to cue up to and repeat the kata you are working on. Plus bonus footage. See your Shihan for details.

Domo Arigato Hanshi, Seeger Kyoshi, 7th Dan

[Notes from our senior deshi:]

Hanshi, thank you for the great weekend of sugar. You have inspired me once again to intensify my training even more as we move forward. I will pass on to my fellow deshi the principles of stepping first, eyes up, two-second pause between each count and striking with full power and commitment.

Finally, I want to thank the Cocoa Beach Dojo and the Indian Harbour Dojo for hosting this great, great weekend of karate training. The camaraderie we all shared I will remember for a life time. I look forward to the 45th celebration of karate.

Arigato, Hanshi. Robinson Sensei, San-Dan

Hanshi, you have again given us the fundamentals of stepping first and never taking our eyes off our opponent. These two lessons are something I am appreciative of for they are always in need of improvement in my training.

Thank you Hanshi. Mr. Bracken, Ni-Dan

Thank you Hanshi for a very strong and intense weekend. Stepping first, hand back in the pocket and eyes up will resonate within all us as we continue our training.

Thank you Hanshi. Mr. Elliot Potter, Ni-Dan <u>Kyoshi David Baker, Sponsor</u> <u>AIG Financial Products Corp., 50 Danbury Road</u> <u>Wilton, CT 06897-4444</u> <u>Phone: (Kolbert): (203) 563-1901(work), (Eng): (203) 221 4810 (work)</u> <u>Kolbert@aigfpc.com</u>

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

Our workouts continue to go well in Connecticut! We have been in Wilton for almost two years and we continue to move forward. Our annual membership campaign has been very successful. Our office has grown and so has our membership. After having lost some karateka to attrition, we are finally beginning to enjoy larger classes. We always welcome visitors to our small dojo and encourage anyone in southern New England to join us!

Class Schedule	
Monday	6:30 pm
Wednesday	7:15 am
Friday	7:15 am

Important Message to all Shihan:

Make sure to send Seeger Kyoshi, Shihan of the Ueshiro Pine Forest Karate School (Palisades New York), a list of your deshi, including information on their start date, last promotion date and current rank. This information will go into a database that is being created of our active students. This will provide us with an important tool to aid strategic planning for our organization. Seeger Kyoshi receives e-mail at: <u>Motobu@aol.com</u>.



Shorin-Ryu Karate USA

Founded by Grand Master Ansei Ueshiro

Mission Statement

To propagate the art of Shorin-Ryu Karate USA, its kata and techniques, as handed down by our founder Grand Master Ansei Ueshiro.

To preserve and protect the history, traditions, methods and integrity of SRKUSA.

To develop students to their maximum potential in body, mind and spirit; through courtesy, propriety, self-discipline and the ecstasy of hard work fostered by our dojo - the sacred training halls - of Shorin-Ryu Karate USA."